



SHAYONA
PRESIDENT SCIENCE COLLEGE

International Yoga Day – 21st June 22, 2022



Evolution of human beings in terms intellect and brilliance has made world into a wonderful place for living. But what makes the body and the mind a sanctuary is its ability to comprehend and evolve according to situations. To enhance oneself to a self-reliant individual, one needs to pass through a series of doors and one such key that opens a few doors is Yoga. As our Prime Minister, Shri. Narendra Modi rightly said, “Yoga for Humanity”, it does help one to achieve success in a more pure and serene manner. As a part of enhancing the self, the students at President Science College themselves took an initiative to celebrate International Yoga Day. The photos showcased below are purely an initiative by the students. Amongst the photos received, here are a few of the selected ones.